PINNACLE
TEACHING SOLUTIONS

SIGNALHILL

RISE

BECOMING ALL YOU WERE MEANT TO BE

Grades 3-5 | Student Workbook

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An adaptation of Signal Hill Grades 3-5 curriculum by Pinnacle Teaching Solutions.

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Introduction & Being a Good Friend (Part 1)

Student Book | Day 1

Today's Key Words — Match & Use!

Word	Meaning
kindness	*the quality of being friendly, generous, and considerate*
friendship	*a close relationship of mutual affection and trust*
enemy	*a person who is actively opposed to someone else*
spread	*to reach a wider area or more people*
include	*to have someone as part of a group*
unique	*unlike anything or anyone else*
belong	*to feel accepted and in the right place*

Use one vocabulary word in a sentence about yourself. Draw a matching picture.

_____

Grammar Spotlight: Past Simple

Use past simple for things that ALREADY happened.

Regular: walk → walked laugh → laughed include → included

Irregular: think → thought feel → felt spend → spent become → became

Try it: *The boy _____ the day with Jeremy. They _____ friends.*

Your sentence: *Yesterday I _____ .*

Stories: Be Kind & Enemy Pie

1. How did Tanisha feel when everyone laughed at her? Circle:

sad	embarrassed	angry	confused

2. What is ONE small act of kindness you could do today?

3. In Enemy Pie, what happened when the boy spent the day with Jeremy? (Use past simple!)

4. Have you ever changed your mind about someone after getting to know them? Write 1 sentence.

Grammar Practice — Past Simple

Complete these sentences using the past simple form:

Everyone _____ (laugh) at Tanisha.
The kind friend _____ (notice) she was sad.
The boy _____ (think) Jeremy was his enemy.
They _____ (spend) the whole day together.
They _____ (become) friends in the end.

Now write your OWN past simple sentence about something kind you did:

_____

Friends Theatre — Play Planner

Our characters	
Why are they enemies?	
How do they become friends?	
Our ending	

My line(s) in the play — include a PAST SIMPLE sentence:

_____

_____

_____

_____

My Kindness Card Planner

Make a card for someone who needs cheering up! Plan it here first:

This card is for:	
My message (2+ sentences):	
One PAST SIMPLE sentence about them:	

Before You Go

Today I learned:	
One kind thing I will do this week:	
My past simple sentence about today:	